



AlgoRHYTHM From Home

VISUAL GUIDE

What is a Visual Guide?

A visual guide gives you lots of information about Z-arts and the show you are going to see, using pictures and accessible text.

They are suitable for anyone who would benefit from a clear and accessible introduction to Z-arts and the show you have booked to see.



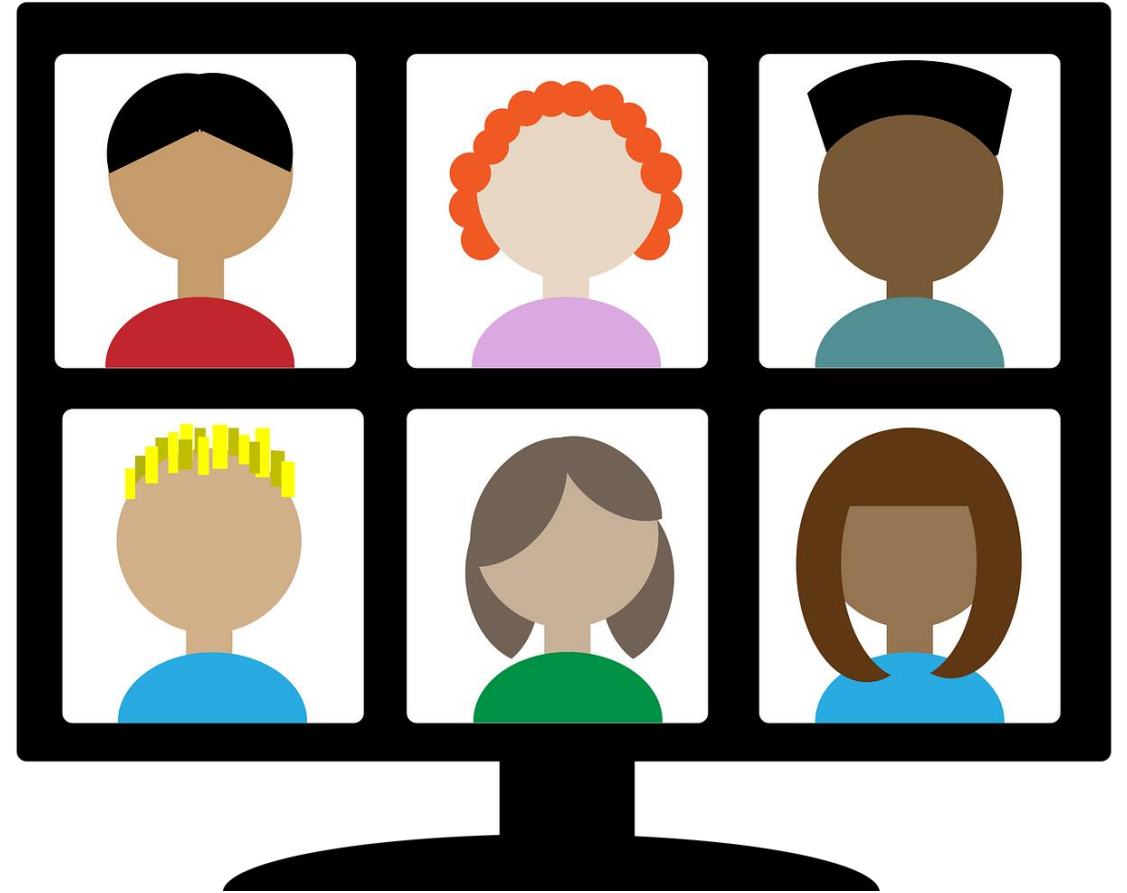
How Do I Watch The Show?

You will be sent a Zoom link.

When you click on the link, you will be taken to a waiting room.

You will enter the Zoom call when the show is about to begin.

New to Zoom? We have a Zoom guide on our website: [How to join us for Zoom sessions - Z-arts \(z-arts.org\)](https://z-arts.org)



What to expect in the show

- 1) A big physical warm up
- 2) A basic introduction to the science we're tackling that day
- 3) Teaching the dance moves that match the science
- 4) Putting it all together into a big dance routine
- 5) A cool down and goodbyes

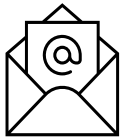


Do you have any other questions about the show?

Please get in touch!



@Z_arts_mcr #BIDigiFest



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We hope you enjoy the show!